



LAURIE HELLMANN

SPEAKER | AUTHOR | PODCAST HOST

About Laurie

Throughout her entire life, Laurie Hellmann has assumed the role of caregiver, advocate and leader, so it comes as no surprise that she immediately jumped into action to navigate the challenging world of autism and share what she's learned with others when her first born, Skyler, was diagnosed with severe, non-verbal autism in 2006.

Laurie is a self-professed "warrior mom" whose honesty, humor and authenticity have connected her to families, medical professionals, therapists and, frankly, everyone she meets. Through her podcast, book, advocacy work, volunteerism, and speaking, Laurie is continually making a lasting impact in the autism community and beyond.

Suggested Interview Topics

- Parenting Autistic Children
- Perseverance and Resilience
- Advocating for Loved Ones
- Challenges Caregivers Face

What She Offers Podcast Hosts

- ✓ Experience in hosting her own podcast with a conversational style that makes the way she delivers her story very powerful.
- ✓ She provides an educational component and ignites hope for others just starting on their journey.
- ✓ She is relatable and helps listeners feel seen.

Suggested Interview Questions

- Do you believe that the world dismisses or underestimates autistic individuals?
- Why do you feel it's important to share your autism journey publicly?
- What are the challenges caregivers face when their autistic children reach adulthood?
- How do you prioritize your mental health and other relationships when caring for Skyler is a 24/7 task?
- How can people support or assist families with special needs children?

Connect



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